Welcome to Camp Quinipet 2016!

We are beyond thrilled to have you joining us at camp this summer, and we’ve got some pretty great stuff planned for you. In this packet you should find everything you need to prep for the best summer ever.

We can’t wait for all of the fun we’ll have this year. Each day we’ll enjoy swimming, arts and crafts and exploring Camp Quinipet. Remember, we’ll be spending a lot of time outdoors, so plan for the weather when packing! Check out our suggested packing list to help you plan for what to bring to camp.

We want all of our campers to have the best camp experience possible, and that starts before they even leave home. Our Parent Handbook is a great place to find answers to your questions about check in/ pick up, how to deal with campers missing home, and more! Please read through the entire handbook, and be sure to reach out to our office with any additional questions you may have. A prepared camper is a successful camper!

Every effort is made to make the check in process run as smoothly as possible, but due to the volume of campers checking in, we suggest you plan to arrive early. You should still expect some wait time. You can help expedite the process by submitting all your medical forms through our online registration system, ensuring all prescribed medication is in original packaging , and keeping all camper luggage in your car until after the head lice check.

If you have any questions about camp please contact our office kate@quinipet.org or 631-749-0430. We will be happy to help you in your preparations for summer camp.

Jenny Martin
Registrar

Kate Akerman
Program Services Director

Lauren Ruiz
Assistant Director

Brooke Bradley
Executive Director
Camper Questionnaire

We’d love to get some more information about your camper in order to give them the best camp experience possible! Please have your camper fill this out (with assistance if needed) and mail, scan, or fax to camp before your camper arrives.

Camper Name: __________________________________________

Camp Program(s): ________________________________________ Program Date(s): _____________________________

The reason(s) I chose to come to this session is/are: _______________________________________________________

____________________________________________________________________________________

Some things I’d like to do at camp are: _____________________________________________________________

____________________________________________________________________________________

I’m can’t wait to get to camp because: _____________________________________________________________

____________________________________________________________________________________

I’m a little nervous about: ______________________________________________________________________

____________________________________________________________________________________

My favorite thing to do at home or school is________________________________________________________

____________________________________________________________________________________

One thing I want my counselor to know about me is: ________________________________________________

____________________________________________________________________________________

Please circle those that apply

I usually take medicine at:
breakfast       lunch       dinner       bedtime

I am a ____________ swimmer
New          Okay       Good        Great

This is my ____ year at camp
1st          2nd       3rd        4th       5th       6th       7th       8th       9+
Welcome to the best summer ever! We are so excited to begin this year’s adventure with you, but no adventure can begin without the proper supplies first.

To Bring: (suggested)
- Enough clothing for 1 week - Shorts, T-shirts, etc. (be prepared for these to get messy)
- Sweatshirt
- Rain jacket with hood
- 1-2 pairs of pants
- Pajamas/ bed clothes
- Socks
- Underwear
- Appropriate bathing suit
- Sneakers
- Sandals (with a back. No flip flops)
- 2-3 Towels (for shower and water front)
- Toiletries (shampoo, tooth brush/paste, deodorant, etc)
- Pillow and bedding (sheets & blanket, or sleeping bag)
- Reusable water bottle
- Hat
- Sunscreen
- Flashlight
- Bug spray (non aerosol, DEET recommended)
- Laundry bag
- All medicine needed (must be handed to nurse at check in. All meds must be in the original container, prescribed for the camper.)

NOT to bring:
- Non prescription drugs/medicine (that have not been checked in with our camp nurse)
- Weapons, fireworks, alcohol, tobacco
- Electronics (cell phones, iPads, iPods, etc.)
- Valuables or anything that can’t be lost (including personal sports equipment)
- Clothing that can’t get dirty
- Animals/pets
- Food/ Snacks (campers can buy healthy snacks in camp store)

Optional: (not required but can make camp a more enjoyable experience)
- Journal/book/letter writing materials (for quiet time)
- Nicer outfits for “Fancy Friday” (campers may wear a dress or “Sunday Clothes” to dinner Friday night)
- Money for camp store (if desired, money may be added at online registration or deposited during check in)
- White t-shirt to tie-dye
- Inexpensive or disposable camera
- School size backpack
- Board shirt, wide brim hat, and sunglasses (for sun protection)
- Your completed Camper Questionnaire (send in ahead of time if possible)

Be sure to label all your campers belongings!!! Visit our Mabel’s Labels store and Camp Quinipet will receive 20% of all purchases made!

Follow this link to support camp- http://mabelslabels.com/c/?type=camp&b=3730&cur_website=us_website

*Campers participating in weekend stay over camp will be given the opportunity to use laundry facilities*

Quinipet Camp & Retreat Center is not responsible for any lost, stolen, or damaged personal items
Parents and campers alike usually have questions about attending our summer camp. Please read through our Frequently Asked Questions below. If you do not find the answer you are looking for, please contact us, and we will be happy to help!

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GENERAL QUESTIONS

CONTACT US!

Phone: (631) 749-0430
General fax: (631) 749-3403
Medical forms fax: (631) 760-8270
Mailing Address: P.O. Box 549
Shelter Island Heights, NY 11965

Physical Address: 99 Shore Road/ 4 Rocky Point Road
Shelter Island Heights, NY 11965

Billing questions: info@quinipet.org
Registration questions: registration@quinipet.org
Medical questions: nurse@quinipet.org
Overnight Camp questions: kate@quinipet.org
Overnight Camper Mail: camper@quinipet.org

HOW DO I GET TO QUINIPET CAMP & RETREAT CENTER?

See the contact page of our website www.quinipet.org/directions for detailed directions to camp including information on taking the ferry.

ARE YOU AN ACCREDITED CAMP?

Yes, we are accredited by the American Camp Association, which sets the national standard for camp safety and program guidelines. The site is also monitored by the New York State health department.

WHAT IS YOUR RATIO OF COUNSELORS TO CAMPERS?

We follow New York State and American Camp Association Standards for camper to staff ratio. These ratios vary based on the age of the children, but are typically 6 campers to every 1 cabin counselors in addition to many other support staff members.

CAN I TAKE A TOUR OF THE CAMP?

Of course! Visiting the camp ahead of time is a great way for first time campers to adjust to camp. Please check our website for information on Open House events www.quinipet.org/open-house. We also offer guided tours with our camp staff provided you call or email in advance.
ARE THERE CHRISTIAN ACTIVITIES AT CAMP?
Quinipet is a progressive Christian camp sponsored by the New York Annual Conference of the Methodist Church. It is our belief that God gave us earth and humankind, and it is our job as loving Christians to love and care for each of these things. Each day begins and ends with a short service of Chapel and Vespers where campers will sing songs, participate in skits, and short prayer services. Grace is sung before each meal, and each camper group may participate in devotions or Bible studies. Camp Quinipet welcomes campers of all race, gender, creed, and religious backgrounds.

CHECK IN/ PICK UP PROCEDURES

WHEN IS CHECK IN/ PICK UP? CAN I ARRIVE EARLY?
The registration process will begin no earlier than 2pm on Sundays at Wesley Hall. Pick up is promptly at 10am the following Saturday also at Wesley Hall. Campers may be picked up early, provided that the appropriate camp staff member is notified in advance.

MY CAMPER WILL BE LATE, HAS TO LEAVE EARLY, OR NEEDS TO MISS ONE DAY OF CAMP. WHAT IS THE NOTIFICATION PROCESS?
We recommend that you pick a week when your child will be able to attend the whole experience, but we understand sometimes there are situations beyond anyone’s control or foresight. Please notify Kate in advance of any early pick-ups/late arrivals or days missed for your camper. You can email our office at kate@quinipet.org or call the office (631) 749-0430. We will work with you on the details and advise your camper’s PD (Program Director) of the situation.

SOMEONE OTHER THAN ME (LEGAL GUARDIAN) IS GOING TO PICK UP MY CAMPER. DO I NEED TO NOTIFY THE OFFICE?
Yes. If your camper is going to be picked up by someone else, you must fill out the Camper Release Form in advance. We are not legally allowed to release campers to anyone other than their parents or legal guardians unless given express permission beforehand. You can find these under Forms in your registration account.

DO YOU PROVIDE TRANSPORTATION?
We do not provide transportation for campers to and from camp. Please see the contact page of our website www.quinipet.org/directions for detailed directions to camp including information on taking the ferry.
WHAT IS YOUR CELL PHONE POLICY?

Cell phones are prohibited. We believe that camp is one of the last places that where kids are free to play, socialize, and learn without the distraction & influence of technology. Studies have shown that taking a break (even if just for a week) from screens, social media, and texting is extremely beneficial in child development. Here at Quinipet Camp & Retreat Center, we are committed to preserving the ‘tech-free’ tradition of summer camping to allow our campers to experience camp to the fullest. Camp Quinipet cannot ensure your child’s online safety or privacy while using cell phones or other technology.

This does not mean that we want to discourage parents & campers from keeping in touch. We offer a one-way email service for parents to write to their children camper@quinipet.org, and campers are encouraged to write letters home. Emails will be printed at 11am Monday- Friday. Phone calls can be made home in emergency situations.

We kindly ask in advance that you help us in keeping camp tech free by taking your child’s phone before bringing them to camp. Otherwise, our staff members are instructed to hold campers phones for the duration of the camping program.

NEED HELP PLANNING FOR CAMP?

Visit the American Camping Association’s website for information on preparing for camp, homesickness, packing tips and many other topics:

Camp Resource for Families
Coping with Homesickness
What to Pack Tips

REGISTRATION QUESTIONS

HOW DO I REGISTER?

Registration is online. We recommend that you register well in advance. Many of our camps fill by early spring. Take me to Registration!

HOW DO I KNOW YOUR SYSTEM TOOK MY REGISTRATION?

When you have completed the online registration you will be sent a Confirmation Email. If you believe you have completed the registration and have not received your Confirmation Email, please check you SPAM folder. Please note, we do not consider your registration to be complete until we receive the additional medical paperwork and your balance is paid-in-full.

HOW DO I FIND OUT WHAT CAMPS ARE FULL?

If a session is full, you will not be able to select it as an option. Take me to Registration!

In general, Overnight programs fill up quickly. While we do have a waitlist for camps, we suggest you look at other camps with availability for your best chances of attending camp.
HOW DO I KNOW IF THE CAMP I WANT IS FULL? IS THERE A WAITING LIST?

If a session is full, you will not be able to select it as an option. We do have a waiting list if a particular program has filled. Call or email the office and leave your name, your camper’s name, and your telephone number and/or email. If a space opens up we will contact you. We will let you know if/when a spot opens up.

Please keep in mind; the chance of a camper canceling their spot is very small. We encourage you to sign up for a different week.

DO YOU REQUIRE A DEPOSIT?

Yes. We require a $100 deposit to hold your camper’s spot. When you register online, you have the opportunity to pay the deposit right away. If you choose to send a check, please do so within the week of registering.

FINANCIAL QUESTIONS

HOW CAN I MAKE A PAYMENT?

We accept checks, money orders, cash, or VISA/MC/AMEX. When you register online, you will be brought to a page where you select the amount and your method of payment. If you opt to send us a check, please do so within the week of registering.

Make check or money order payable to Camp Quinipet.
Write in the camper’s name and date/name of the camp in the memo area on check.
Mail payment to:

Camp Quinipet
PO Box 549
Shelter Island Heights, NY 11965

WHAT ARE YOUR PRICES FOR SUMMER CAMP?

Our Rates & Dates can be found on our website: www.quinipet.org/overnight-dates--rates. The fees charged by Quinipet Camp & Retreat Center cover the expenses of operating our programs. We hope you will also consider contributing to the Greg Nissen Scholarship Foundation by donating $50 in our online registration system. These donations help fund our scholarship program and provide camp experiences for campers who need financial assistance.
**WHAT IS THE CAMP STORE FEE?**

Camp Store is available to Overnight and Full Day campers. You may add $25 on the day you drop off your camper. The camp store provides a variety of healthy snacks with nut free options, beverages, t-shirts, sweatshirts, mugs, stuffed animals and other items. Any unspent money may be donated to the Greg Nissen Scholarship Foundation.

**WHEN IS MY BALANCE DUE?**

Payment in full is required one month before the start date of the session.

**WHAT IS YOUR REFUND/CANCELLATION POLICY?**

Event fees for summer camp include a non-refundable $100 processing charge. Refunds will not be made after June 15. Please contact the office through email lauren@quinipet.org or call (631) 749-0430 x13.

**MEDICAL QUESTIONS**

**WHAT IS YOUR MEDICAL NOTIFICATION POLICY? / INSURANCE POLICY**

Parents will be notified by the Nurse or Camp Director of any injury, accident, or illness that requires treatment by a physician, or of any illness that lasts more than one day. The Nurse at Quinipet Camp & Retreat Center may be reached at the following (only reachable during our summer camping season):

- **Nurse Phone:** (631) 749-0430 x19
- **Nurse Email:** nurse@quinipet.org
- **Nurse Fax:** (631) 760-8270

**AM I REQUIRED TO FIL OUT A HEALTH FORM IF I COMPLETED ONE LAST YEAR?**

Yes, we are required by New York State to collect updated health forms yearly. With our online registration system, we hope to make this process easier. Depending on the camp we may also require additional forms mailed or faxed to us with signatures of parent and/or doctor.

**LICE**

As a part of the check in process each camper will be checked for head lice. If any head lice/nits are found, we will confirm with our camp medical professionals. If the lice/nits are confirmed campers must be treated at home. We look forward to them joining us back at camp after treatment!
MY CHILD HAS A SEVERE FOOD ALLERGY OR CERTAIN DIETARY RESTRICTIONS.

Camp Quinipet is a nut aware camp! Please do not send your child to camp with any products containing nuts or other allergens.

We are happy to accommodate most dietary restrictions. Please let us know that the time of your camper’s registration and we will work with you to ensure your campers are able to have safe and delicious meals at camp!

OVERNIGHT CAMP QUESTIONS

WHAT TIME AND WHERE IS CHECK-IN AND PICK-UP FOR OVERNIGHT CAMP?

Check-in: 2pm on Sunday at the Welcome Center. After check-in, you will take your camper to their assigned cabin.

Pick-up: is at 10am the following Saturday at the cabin where you dropped your child off.

WHAT DOES THE WEEK AND A TYPICAL DAY LOOK LIKE FOR THE OVERNIGHT PROGRAM?

SUNDAY is all about checking in and getting comfortable at camp. Check in is at 2:00 PM. Sunday ends with an all-camp orientation by the campfire complete with games and songs. Campers will learn basic camp rules, and how to stay safe and comfortable while at camp.

MONDAY through FRIDAY is when camp is in full-swing. Below is the basic outline that all our Overnight sessions follow:

8:00 - Chapel
8:30 - Breakfast
9:00 - 12:15 - Morning Activities (varies by session)*
12:15 - Lunch
1:00 - 2:00 - F.O.B. (feet on bed)
2:00 - 5:00 - Afternoon Activities (varies by session)*
5:00 - Clean up and showers back at the cabin
5:30 - Dinner
6:15 - All-Camp Activity
7:15 - Camp Store
7:45 - Evening Vespers
9:00 - 10:30 - Bed Time and Lights Out depending on age of group.

SATURDAY mornings are about cleaning up, packing up, and preparing for your journey home. After a great week of camp, it is time for saying "Goodbye and see you next year!" Pick up is at 10:00 AM at Wesley Hall.

*Morning and Evening Activities could include any one of the following: arts & crafts, kayaking, sailing, water sports, swimming or beach fun, on or off-site hiking, nature education, team sports and games, playground, or themed discussion. These activities depend on the camp session.
HOW SHOULD I PACK?

Please view our packing list, under “Forms” here.

Be sure to label all your campers belongings! Please consider supporting camp by using Mabel’s Labels. Visit camps.mabelslabels.com and choose Quinipet Camp & Retreat Center from the drop down box. Camp Quinipet will receive 20% of all purchases made through this link.

MY CAMPER TAKES NON-PRESCRIPTION, MEDICINE, VITAMINS, OR HOMEOPATHIC PREPARATIONS; DO I NEED TO FILL OUT THE MEDICATION RELEASE FORM AND HAVE A DOCTOR SIGN IT?

Yes. “Medication” is any substance a person takes to maintain and/or improve their health. This includes vitamins and natural remedies. The Nurse must know about any treatment your child may need administered during camp. Any medicine provided must be in its original container, signed off by a doctor, and provided to the Nurse at the time of check-in.

CAN A CAMPER STAY AT CAMP BETWEEN WEEKS IF THEY ARE ATTENDING TWO CONSECUTIVE WEEKS OF OVERNIGHT CAMP?

Absolutely! This summer we are bringing back Stay Over Camp. If your child is signed up for two consecutive weeks of camp you may register them for Stay Over Camp the weekend in between for a cost of $100. Campers will have the opportunity to use laundry facilities with the assistance of their counselors and will continue to participate in camp programming. Please register online here Take me to Registration!

CAN CAMPERS REQUEST BUNKMATES?

No, we do not assign bunkmates. Each camp is separated by male/female. Usually all girls in a program will bunk together and all boys in a program will bunk together. Registering for the same camp program as your friends and family will increase your chances of being able to stay in the same room!

CAN MY CHILD DRIVE THEIR VEHICLE TO CAMP?

Campers are not to bring a vehicle to camp unless prior written permission is obtained from the Camp Director. Adult campers are exempt from this policy.
WORKING TOGETHER TO COMBAT HOMESICKNESS

CAN I CALL MY CHILD DURING THE WEEK? WHAT IF THEY ARE MISSING HOME?

Not unless there is a family emergency at home that requires arrangements for the camper to leave camp. As part of our efforts to keep camp ‘tech-free’, we do not allow campers to use any phones during the week. Campers may speak to parents on the phone only in cases of medical situations or serious camper adjustment issues at the discretion of the Camp Nurse and Camp Director. Get advice on homesickness at [Coping with Homesickness](#).

CAN I SEND MY OVERNIGHT CAMPER A LETTER OR EMAIL?

Mail from home is a great way to combat homesickness! Please feel free to mail a letter, send a fax (631-749-3403), or send an email to camper@quinipet.org. Make sure to include your camper’s name and the camp they are attending in the subject line. Emails will be printed at 11am Monday-Friday and delivered after lunch time.

CAN I SEND MY OVERNIGHT CAMPER A CARE PACKAGE?

Yes! Care packages will be opened in front of a staff member to ensure that only appropriate items are brought back to the cabin. Please do not send any food, fireworks, or other items prohibited on the packing list. Any inappropriate items will be held until pick up on Saturday.

Address package in the following manner:

- Camper Name/ Camp Program (ex. Susan Smith/ Athletics)
- C/O Camp Quinipet
- 99 Shore Road (if using UPS or FedEx)
- P.O. Box 549 (if using USPS)
- Shelter Island Heights, NY 11965

SCHEDULE A TOUR!

Visiting the camp ahead of time is a great way for first time campers to adjust to camp. Please check our website for information on Open House events [www.quinipet.org/open-house](http://www.quinipet.org/open-house). We also offer guided tours with our camp staff provided you call or email in.