



QUINIPET CAMP AND RETREAT CENTER

HONESTY ~ FAITH ~ LOVE ~ HUMILITY ~ COURAGE

Dear Sailing Student:

2011 Season

Thank you for enrolling in Camp Quinipet's Adult Community Sailing Program. Our program is designed to get you on the water quickly, safely and with an instructor by your side. A gentle reminder: full payment is due BEFORE your first day of class. You can pay online (quinipet.org) or send a check (P.O. Box 549 Shelter Island Heights, NY 11965).

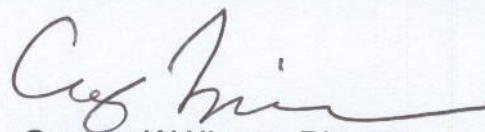
Our new one day class YOUR DAY TO SAIL (9:30am-3:30pm, Mondays) is taught by one of our qualified sailing instructors, and certified instructor Dona Bergin continues to teach our popular three day INTRODUCTION TO SAILING class (9:15am-12:30pm, Tuesday-Thursday). All classes meet outside Quinipet's red sailing barn, immediately after the turn on Shore Road, just before the main Quinipet entrance. Please be mindful of the dangerous turn in the road and park up beyond the barn.

Camp Quinipet provides life jackets. However, we also suggest that you wear or bring a few other items with you:

- * *Waterproof sunscreen*
- * *Hat &/or sunglasses*
- * *Sneakers or water shoes*
- * *Bottle of water (YOUR DAY TO SAIL participants need to bring their own bag lunch)*
- * *A good attitude & a willingness to work as a team*

Our classes help you gain valuable on-the-water experience, so all students need to be able-bodied. We count on you be honest in assessing your own physical abilities. Can you climb a two-step ladder unassisted? That is a good indicator of the type of "fitness" required. If you have any questions, please call the Quinipet office at 631-749-0430 or email us at info@quinipet.org

We hope you find sailing to be as fun and relaxing as we do.


Gregory W Nissen, Director

P.S. Please be aware that sailing involves a number of variables, and while we plan to adhere to the class times listed, classes may occasionally end a few minutes earlier or later.

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