



# QUINIPET CAMP AND RETREAT CENTER

HONESTY ~ FAITH ~ LOVE ~ HUMILITY ~ COURAGE

Dear Day Camp Parents:

Summer 2014

Welcome back to **Quinipet Rocks Day Camp**. It's that time of year when we eagerly anticipate another wonderful summer on Shelter Island complete with sunrises, sunsets, cool breezes off the bay, sand between our toes, and fun filled days here at Camp Quinipet.

- \* **Pick-up and drop-off** will be at the front of **Wesley Hall**.
- \* We are a **peanut (all nut) free** camp.

This year a portion of the **Health Form** is online, after completing the online section you will still need to mail or fax us the following before camp starts:

- A copy of your child's **Immunization History** (if opted not to complete online). *Download our form or send us your Dr's form*

As you get your camper(s) ready, be sure to create a brief "to do" list to help establish a daily "going to camp" routine. As you know, everyone has a much better time at camp if they've had a good night's sleep and nutritious breakfast. Please include the following on your list:

### **Packing List For All Day Campers:**

*Important: We recommend labeling **all** of your camper's items!*

- Camp Backpack**
- Beach Towel**
- Water shoes**
- Bathing suit** (have your child wear the bathing suit under clothing coming to camp)
- Undergarments in baggie** (to put on after swim time)
- Socks**
- Sneakers** (NO SANDELS or THONGS for safety reasons)
- Sunblock** (please put this on your child prior to dressing at the start of the day).
- Full Water Bottle**
- Insect Repellent** (please put this on your child's clothing whenever possible – read the various brand labels and make an educated decision regarding the various DEET and non-DEET products available.).
- Tell us information you know to be pertinent to your child's happiness and wellbeing.

*Count on daily fun and adventures with new and old friends!*

We look forward to seeing everyone this season. We have an outstanding group of counselors and leadership staff to lead your children through a summer filled with good times and great camp adventures.

Gregory Nissen, Quinipet Director

Georgiana J. Jaycox, Day Camp Director

Lauren Ruiz, Administrator

PHONE: 631 749 0430  
INFO@QUINIPET.ORG  
FAX: 631 749 3403  
WWW.QUINIPET.ORG

POST OFFICE BOX 549  
SHELTER ISLAND HGTS, NY 11965

## A Typical Day's Agenda

The Quinipet Rocks Day Camp program directors create weekly activities based on a weekly "Theme" and the following time schedule.

	Mon	Tue	Wed	Thu	Fri
9:00-9:20am	Music & story time on the stage				
9:30-10:15am	Water front; with instruction focused on "open water" acclimation & ARC swim testing				
The 3 activities during this time slot rotate by day and by group according to PDs' plans.	Arts & Crafts				
	Nature walk or Nature Center activity				
	<b>Themed*</b> craft, game or event planned weekly by PDs , kickball or other team sport game on field <i>*Themes change weekly and typically include: Nature, Safety, Friendship, Birthday, Holiday and International Culture.</i>				
10:00-10:30am	<b>SNACK</b> for Love Bugs @ Dining Hall				
10:45 – 11:20am	Water front for Love Bugs				
11:35-12:15am	<b>LUNCH</b>				
12:15-1:00pm	Quiet games time, morning campers depart and afternoon campers arrive				
1:00-1:45pm	Water front; free swim in leveled swim sections				
2:00-3:15pm	Arts & Crafts				
	Nature Walk or Nature Center activity				
3:15-3:30pm	<b>SNACK</b> for all afternoon campers				
3:30-4:00pm	Playground, volleyball or basketball courts				